

Dentistry: The Whole Body approach

Medical research has established the crucial link between dental health and complete physical well being. Holistic dentistry addresses just this.

WHILE UNDERSTANDING THE

importance of being a highly skilled and technically proficient dentist, our Holistic or Whole Body Dentist takes the broad view of the dental profession with a philosophy that recognizes that the work done in the mouth has effects on the entire body with either positive or negative results. He is aware of these relationships and minimizes the invasive quality of these procedures. He also recognizes that disorders in the body can be reflected in the mouth.

MERCURY AND OTHER METALS.

Mercury, the second most toxic element, is used in fillings where it can produce an unpleasant metallic taste and also be released into the body causing or aggravating health problems.

Whilst other metals are not as toxic as mercury they nevertheless represent an unnecessary potential hazard to health and are therefore rarely used in holistic dentistry.

BIO-COMPATIBLE DENTAL MATERIALS.

It is vital that any materials introduced during dentistry are bio-compatible; that is they should not present a health hazard. Holistic dentists will only use materials and methods that do not cause adverse functioning of the body systems. Sometimes,

patients need to be tested for compatibility of materials.

FLUORIDE:

The use of fluoride is considered beneficial as it strengthens

tooth enamel but holistic dentists no longer recommend it because of the potentially toxic nature of fluoride. Tooth decay can be controlled by sensible dietary habits.

DRUGS

Drugs invariably cause some imbalance in the working of the body. For this reason they are not frequently used in holistic dentistry. The holistic dentist will use homeopathic remedies, clinical nutrition, flower essences and other natural remedies. For example homeopathic remedies are administered prior to treatment in order to alleviate anxiety and after treatment to aid speedy recovery.

JAW JOINT:

The position of the jaw joints can affect the patient's well-being. Any mal-position can result in sore muscles, ear problems such as tinnitus and clicking of the joint. Holistic dentists take into account when providing treatment and can help the condition by appropriate treatment.

Jag Soneji at The Ivory Dental Studio like other Holistic and Whole Body Dentists, uses an integrated approach to patient dental care. The Ivory Dental Studio, 179 Gloucester Place, London NW1 6PX. Telephone: 020 7224 8558
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“ Holistic or Integrated dentists are anti the use of drugs, fluoride, mercury fillings and all metals as they believe they create an imbalance in the body ”

the **IVORY** DENTAL STUDIO
advanced biologic & aesthetic dentistry

